

SexSense[©]

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DOES SIZE REALLY MATTER?

Q: Tell the TRUTH! Women really are more interested in a long, thick penis. My girl friends and I feel that it gives a greater sense of fullness.

A: The truth is that some women *are* more interested in a long, thick penis both visually and physically. Others *really* do not care.

Here's the facts. The average length of the erect penis is 5 to 7 inches. There is very little variation beyond these measurements despite the enormous variety in men's heights, weights, etc. What looks large on one man, may not look large on another.

There is no scientific research suggesting that women prefer large penises. There is, however, research showing that most women do not care about their sexual partner's penis size (*Kinsey Institute: New Report on Sex*, 1990). When size is an issue, women are generally more concerned about the penis being too large (causing pain) rather than it being too small. Women are much more concerned with physical features such as firm muscle tone or well-groomed hair. Important nonphysical features include a willingness to share emotions and thoughts, good sense of humor and dependability.

The vagina is sensitive in the approximate 2 inches closest to the vaginal opening. The vagina itself is about 3 inches long in the unstimulated state and will enlarge to accommodate whatever size penis is put into it. The walls of the vagina do not have nerve endings per se, they have "proprioceptors," which are stretch sensors that give the vagina a feeling of fullness when gently pushed. These sensors can be activated by a penis of any size touching the walls of the vagina at a point which is sensitive. That is, a man can give a woman the feeling of fullness by finding the right angle for her. The actual size of the penis is of secondary importance.

To create a feeling of fullness, he can put a pillow under her hips while thrusting at an angle. Try positions in which she is on top and he has a pillow under his hips. She might also try sitting on him, facing his feet. It would help if her vaginal muscles were strengthened so as to grip the penis. This can be achieved via kegel exercises (described in a previous column, send SASE to *Pacific Sun* for a copy).

Surely, some women like the look and the feel of being with a man on the larger end of the scale, just like some women like the look and feel of a man with a large build. But a man with a small build can still give a great, big satisfying hug!